

The book was found

Don't Flinch - Barry Alvarez: The Autobiography The Story Of Wisconsin's All-Time Winningest Coach



Synopsis

Despite inheriting a moribund college football program, and half-empty stadium, Barry Alvarez never compromised his values, never flinched – even after a 1-10 first season – and never stopped believing in his blue print for success at the University of Wisconsin. By establishing a solid foundation, adhering to fundamentals and demanding an uncommon toughness from his players, Alvarez became the architect of three Rose Bowl triumphs in the –90s and became the school’s all-time winningest football coach. While changing the culture of the sport on the Madison campus, raising expectations to heretofore unthinkable levels, Alvarez left an indelible mark on the Badgers during his 16 seasons on the sidelines. Not only did Alvarez take over a Big Ten footwiipe and build the program into national prominence, but he sustained the success by sticking to a plan rooted to his upbringing in Western Pennyslvania and his exposure to three legendary coaches, Nebraska’s Bob Devaney, Iowa’s Hayden Fry and Notre Dame’s Lou Holtz. In his autobiography – Don’t Flinch – Alvarez talks about the lessons that he learned from his mentors, the hurdles that he had to overcome as a young assistant and high school coach, and the challenge of taking over his own college program while living in a fishbowl, especially from his family’s perspective. Alvarez maps out a strategy and game plan for young coaches who are seeking to achieve similar goals, and he also talks about his future as Wisconsin athletics director, and the future of college football.

Book Information

Hardcover: 280 pages

Publisher: KCI Sports Publishing (September 1, 2006)

Language: English

ISBN-10: 097587697X

ISBN-13: 978-0975876978

Product Dimensions: 9.3 x 6.3 x 0.9 inches

Shipping Weight: 1.3 pounds (View shipping rates and policies)

Average Customer Review: 4.7 out of 5 stars – See all reviews – (12 customer reviews)

Best Sellers Rank: #536,018 in Books (See Top 100 in Books) #418 in – Books > Biographies & Memoirs > Sports & Outdoors > Football #1086 in – Books > Sports & Outdoors > Football (American)

Customer Reviews

I like reading coach’s books. If you’re reading a coach’s autobiography you can be sure that he was

successful. Reading stories about successful people won't make you successful in itself, but you certainly can learn a lot from them. Some coach's stories, like Mack Brown's "One Heartbeat II" are smarmy, folksy stories about the coach's life philosophy containing stories about overcoming adversity or getting a team to come together to experience that championship season. A lot of coach's stories wind up in those business-motivational books, but I don't typically read those. Normally the messages they're delivering gets thinned out to the point that they become a manager's catch phrase. Executives buy them, then put them on the bookshelf in their office. Makes them look well-read. I've worked with a lot of executives. I usually make the point of pulling a book or two off out of their library and open it. 90% of them make that cracking sound a hardcover book makes the first time you open it. But I digress. Coach's stories tend to fall prey to a fair amount of sugar-coating. Not so with "Don't Flinch - Barry Alvarez: The Autobiography". The book starts (after forewards by Lou Holtz and author James Patterson) with Wisconsin's 2006 Capital One Bowl against Auburn. Going into the game, no one gave Wisconsin a chance to win. Alvarez starts by talking about how he would have rather played Alabama. Alvarez played for Nebraska when Alabama beat the Cornhuskers in the 1966 Orange Bowl, 39-28, and relates how Paul "Bear" Bryant arrogantly humiliated the Huskers later at an awards banquet. Alvarez makes it clear that this isn't how he's spent his career. Beating people is one thing. Rubbing their noses in it is another thing entirely, and something that Alvarez doesn't condone.

[Download to continue reading...](#)

Don't Flinch - Barry Alvarez: The Autobiography The Story of Wisconsin's All-Time Winningest Coach Dave Barry CD Collection: Dave Barry Is Not Taking This Sitting Down, Dave Barry Hits Below the Beltway, Boogers Are My Beat Why Not Wisconsin?: From Barry to Bo: Broadcasting the Badgers from the Best Seat in the House Art Williams: COACH: The A. L. Williams Story: How a No-Name Company, Led by a High School Football Coach, Revolutionized the Life Insurance Industry Wisconsin Cheese: A Cookbook And Guide To The Cheeses Of Wisconsin The Life-Changing Magic of Not Giving a F*ck: How to Stop Spending Time You Don't Have with People You Don't Like Doing Things You Don't Want to Do Becoming a Professional Life Coach: Lessons from the Institute of Life Coach Training Smokin' with Myron Mixon: Recipes Made Simple, from the Winningest Man in Barbecue Smokin' in the Boys' Room: Southern Recipes from the Winningest Woman in Barbecue (Melissa Cookston) Smokin' Hot in the South: New Grilling Recipes from the Winningest Woman in Barbecue (Melissa Cookston) The Education of a WASP (Wisconsin Studies in American Autobiography) People Weekly Magazine February 13, 1989 (Hedda's Story: Joel Steinberg's Conviction; Barry Goldwater Bio; Savion Glover: Tap Dance Kid; Diane Lane All Grown

Up) Don't Hire a Financial Coach! (Until You Read This Book) (60 Minute Financial Solutions Book 4) Don't Sweat the Small Stuff and It's All Small Stuff: Simple Ways to Keep the Little Things From Taking Over Your Life (Don't Sweat the Small Stuff Series) The Time Garden Note Cards: Color-In Note Cards from the Creator of The Time Garden and The Time Chamber (Time Adult Coloring Books) The First 90 Days: Critical Success Strategies for New Leaders at All Levels (Your Coach in a Box) J.J. Watt: The Inspirational Story of Football Superstar J.J. Watt (J.J. Watt Unauthorized Biography, Houston Texans, University of Wisconsin, NFL Books) All Time Favorite Dietz & Schwartz Songs Featuring Dancing in the Dark PVG (All Time Favorite Series) The Lordship of Christ: Serving Our Savior All of the Time, in All of Life, with All of Our Heart Bowerman and the Men of Oregon: The Story of Oregon's Legendary Coach and Nike's Cofounder

[Dmca](#)